Enlightenment

Enlightenment does not occur without removing the inner darkness, the negative perceptions, prejudices, fearful thoughts and corrupt motives associated with the false self.

In the process of enlightenment, fears do not disappear, they are merely replaced by love.

Enlightenment arrives at the door, bringing with it the pain and light that is purification. The person who opens the door is initially taken aback, experiences trembling, suffers and is confronted with their weaknesses. This pain increases until a spiritual awakening occurs. Having learnt from the transformative experiences, consciousness sets in under the influence of the light of the soul and moral oxygen, leading to a second birth. This is how the true self emerges.

Enlightenment is not about possessing something, but about discovering oneself and having the ability to question oneself. It means remaining true to yourself without falling into selfishness. It means constantly seeking knowledge and cultivating sincere relationships, knowing when to let go and moving from a culture of fear to a culture of love. It means stepping into the light of true love and knowledge, seeing life through this love, knowledge and light and consistently fulfilling the necessary requirements with compassionate awareness.

For the flow of life functions according to invisible laws and continues in this way. Whether we know these laws or not, like the rules of the road, we humans are bound by them!

We are not only obliged to abide by these laws, but also to take them into account. So let us not deceive ourselves or others. Let us not exploit anyone for

our own benefit, no matter by what means. Let us not exploit. Because that is the greatest crime, the greatest sin against human dignity.

To do injustice to someone, to harm a living being or an entity, is nothing other than harming oneself. Because a bad thought first burns its source, the place where it originated!

It is therefore necessary to always place virtue alongside reason and sincere morality alongside spirituality. Thoughts and attitudes are only harmonised with the right value judgements that take the common good into account in this way.

You should know that whatever you think or do, if it is not moral and virtuous, will be destructive and negative.

If what is thought and done is moral and virtuous, the result will be constructive and positive. The literary and eternal life is moulded according to this result.

Just as there is a reward for the destructive and negative results of immoral actions, there is also a reward for the constructive and positive results of moral actions.

Since what is sown in the field of life is also harvested, we must also expect negative and positive results.

However, you should bear in mind that material wealth is sweet as honey and desirable. Material relationships in which giving and receiving are not balanced have a life-poisoning effect. These effects can turn a person who does not maintain balance into a fly caught in honey. Being aware of this fact is not a choice, but a necessity.

When we filter the human condition through this lens, the less a person is the subject of their own life, the more of an object they become. Those who cannot be the subject of their own lives are doomed to be objects. They try to find their self through possession and attachment. They strive to find meaning in this way.

This way of being, which creates the state of being an object, always feeds a reactive and passive personality. However, true success in the hustle and bustle of life is to be an effective subject through our attitudes and behaviours. To become an influential subject.

All this, regardless of social status and position, depends on discovering the path to oneself through knowledge and skills, recognising oneself, knowing one's limits and having a strong spirit of self-regulation (inner brake) that controls oneself well.

Remember that life is not only about living, but also about letting others live while you live.

Yusuf Beğtaş