

## **Inner Enlightenment**

Every human is a spiritual being living within the world system. Only those who resolve their inner turmoil through peace and find their path inward can reunite with their spiritual essence and attain true enlightenment. Enlightenment cannot occur without eradicating inner darkness -the negative perceptions of the false self, fear-driven thoughts, and corrupted desires. Without conquering the low - frequency negative biases born of the petty self and silencing the mind's unjust judgments, one cannot discover the path to their true self.

**In the journey of enlightenment, fears do not vanish but instead make way for love. Enlightenment arrives at the doorstep, carrying the cleansing tools of pain and light. Those who open the door are met with shock, tremors, and confrontations with their weaknesses, enduring escalating pain until spiritual awakening occurs. When lessons are learned from inner struggles and the transformative experiences of negativity, the soul's light and the breath of moral clarity ignite conscious insight, leading to a second birth. Thus, the enlightened, authentic self emerges.**

Enlightenment is not about possession but self-discovery and the ability to self - reflect. It is about abiding within oneself without succumbing to selfishness. It demands a perpetual quest for knowledge, genuine relationships, the wisdom to relinquish when necessary, and a shift from a culture of fear to one of love. It is stepping into the radiance of true love and wisdom, viewing life through this lens, and fulfilling its demands with consistent, compassionate awareness.

Life's flow operates by invisible laws, persisting regardless of our awareness. Like traffic rules, we are bound by these laws for the harmony of existence. We must neither defy nor ignore them. Thus, let us deceive neither ourselves nor

others; let us never exploit anyone for personal gain. Such acts are the gravest crimes and sins against human dignity.

**To wrong another person or harm any living being is to inflict harm upon oneself. Negative thoughts first scorch their origin—the heart and mind from which they arise. Hence, virtue must accompany reason, and morality must walk hand in hand with spirituality. Thoughts and attitudes align only when rooted in sincerity and guided by values that prioritize collective well-being.**

Know this: Whatever is thought or done, if devoid of morality and virtue, yields destructive and negative outcomes. Conversely, moral and virtuous actions foster constructive and positive results. Both literary and eternal existence are shaped by these consequences. Just as immoral deeds bear corrosive rewards, ethical ones harvest blessings.

**In life's field, what is sown shall be reaped. Thus, one must anticipate the fruits of both negative and positive actions. Yet remember: Material pursuits, like honey, are sweet and alluring. Relationships fixated on material gain, devoid of give-and-take equilibrium, poison life's essence. Such imbalance transforms the heedless into flies ensnared in honey. To act with this awareness is not a choice but a necessity.**

Filtering human existence through this lens reveals a truth: The less one is the subject of their life, the more they become its object. Those who fail to steer their lives are condemned to be mere objects. They seek identity through possessions and attachments, mistaking these for meaning. This objectified existence breeds reactive passivity. True success lies in becoming an active subject, shaping life through mindful attitudes and actions.

All this hinges not on social status or power but on knowledge, self-discovery, self-awareness, humility, and a disciplined spirit of self-governance. Let it never

be forgotten: Life is not merely about existing -it is about enabling others to exist as you do.

Yusuf Beğtaş