

Carrying the Load

Life is like a journey. Just like on a flight, everyone has their own luggage to carry, meaning their responsibilities. If we are travelling alone, we carry our own luggage; otherwise, we may lose it, which would bring us great sorrow.

If we have a travel companion, the situation changes slightly. Everyone should continue to carry their own load, but if the load of our companion is too heavy, it becomes a human duty to share part of it and support them. This not only makes the journey easier but also gives it meaning.

However, it is not right for one person to carry all the luggage. This goes against the principles of justice and responsibility. Placing the burden solely on one person means both a violation of rights and exploitation.

The essence of the journey of life is to act with a sense of mutual responsibility, to support one another when necessary, but also not to forget that everyone must carry their own load. This balance forms the foundation of a healthy and fair life.

In fact, I originally wrote the above text for my readers on my Facebook page. However, when our esteemed Professor Ertan Yurderi commented below on the post, I decided to share this valuable contribution here for the benefit of a wider audience.

"Life really is like a journey. Everyone has their own load, and sometimes this load can be light, sometimes quite heavy. What's important is knowing that we are not alone while carrying this load. If we have a travel companion, sometimes we need to share their load, sometimes we need to seek support to lighten our own load. But there is a balance to everything.

We must not burden anyone with extra weight, nor should we take on their load completely.

Life is beautified through sharing, but it gains meaning through balance.

When carrying our burdens, it is best to bring love, understanding, and justice along with us. Because what truly carries us on this journey is the goodness in our hearts."

I wish everyone ease on their life journey.

Yusuf Beğtaş