

Purpose and Meaning

On the path of life, we attain the purpose and meaning of our existence when we strive to understand ourselves and the outer world by exploring our inner depth and remaining humble, without being consumed by grandeur or ostentation.

Spiritual richness is indispensable in realizing the purpose and meaning of our lives. For the harmony of the outer world depends on the richness of the inner, spiritual world. As we refrain from moral wrongdoing in intention, speech, and action, our spiritual world becomes increasingly enriched. Therefore, living in harmony with the virtues of our soul, which serves as our inner guide, rather than the fluctuations of the outer world, is the key to lasting wealth and happiness.

Without letting go of this key, we must pay attention to what we sow; valuing lasting and beneficial deeds over mere words brings us closer to the purpose and meaning of life. It opens a path from person to person in the inner world, from heart to heart. That path is the path of the soul. The essential matter is that this path remains open and pure.

Knowing that we exist for a purpose higher than self-aggrandizement and that we are obligated to serve that purpose grants us the meaning we all seek and allows us to experience the joy of that meaning.

Yusuf Beğtaş